

A Spa that's like no other

The Cosmetic Dental Center & Spa is the first dental spa in Western New York. We incorporate spa amenities into our dental office to reduce anxiety and alleviate stress.

- Frank Lloyd Wright inspired living room
- Complimentary hot & cold beverages & snacks
- Aromatherapy and soothing waterfalls
- Personal entertainment centers to enjoy a favorite DVD or TV program during dental treatment
- On staff Licensed Massage Therapist, Licensed Esthetician, and Reiki Practitioner
- Complimentary paraffin wax hand treatments, eye pillows, warm blankets, and hot towels during and after your dental treatment
- 90 minute in-office ZOOM 2™ whitening including a complimentary Swedish massage or European facial



The Cosmetic Dental Center & Spa
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SPA SERVICES



Discover
a most
relaxing &
rejuvenating
experience



BODY TREATMENTS

Swedish Massage

A traditional European massage that is both therapeutic and relaxing. Our Licensed Massage Therapist uses aromatherapy (essential oils) along with a nourishing massage lotion to promote a state of peace and serenity to body and mind. This allows your body to improve its own sense of well-being while improving blood circulation.

1/2 hour > \$40 1 hour > \$65
1 1/2 hours > \$90 Series of 6 > \$350

Deep Tissue Massage

A therapeutic Swedish massage in which our Licensed Massage Therapist adjusts pressure to match your specific needs. This massage is ideal for active people, athletes, or for sufferers of chronic and constant pain.

1/2 hour > \$45 1 hour > \$70
1 1/2 hours > \$95 Series of 6 > \$380

Hot Stone Massage

Experience an unparalleled level of relaxation as smooth basalt stones are used to help penetrate heat deep into the muscles. This treatment helps restore energy and balance to the body while inducing a fulfilling sense of well-being.

1 hour > \$80 1 1/2 hours > \$100
Series of 6 > \$450

Thai Massage

An Asian originated massage also called "lazy man's yoga", for it has many movements symbolizing stretches done in yoga. The massage is performed on a comfortable mat on the floor, where the client is clothed in comfortable attire. This is deeply relaxing, while still allowing the body to increase energy, range of motion and flexibility.

1 1/2 hours > \$110 Series of 6 > \$610

Sea Salt Glow

Feel as though you are on the beach, while our Licensed Esthetician uses an aromatherapy body polish with micro-beads to slough away dead, dry skin to heal and replenish. Our Esthetician will complete your treatment with hot towels and a hydrating cream.

1 hour > \$70 Series of 6 > \$380

Reiki Treatment

Reiki (which is pronounced ray-key) is an ancient Japanese hands-on healing art. The technique is used to promote physical and mental harmony as well as to rebalance the body's energies. Reiki is used for stress reduction and relaxation and also promotes healing.

1/2 hour > \$35 1 hour > \$55
Series of 6 > \$290

Pregnancy Massage

Specific massage for the 2nd and 3rd trimesters. These sessions help reduce fatigue, cramps, and headaches; they improve circulation and reduce swelling; and they help enhance sleep.

1/2 hour > \$45 1 hour > \$70
1 1/2 hours > \$95 Series of 6 > \$380

Sports Massage

These sessions are specifically designed to prepare the body for an athletic event or to help the body restore and regenerate after an event. The pre-event and post-event sessions are specifically applied to the appropriate conditions.

1/2 hour > \$45 1 hour > \$70
1 1/2 hours > \$95 Series of 6 > \$380

FACIAL TREATMENTS

The European Facial

Melt away any stress or impurities as our Licensed Esthetician cleanses, normalizes and hydrates your skin, leaving it balanced and radiant. Steam, hot towels, aromatherapy and products specifically matched to your skin care needs are used, finishing with a relaxing face and shoulder massage.

1 hour > \$65 Series of 6 > \$350

The Gentlemen's Facial

A treatment specifically designed for men's skin to help prevent or relieve razor burn, ingrown hair and sensitivity. Also includes a relaxing face, head, neck and shoulder massage that enables you to confidently face the world.

1 hour > \$65 Series of 6 > \$350

The Multivitamin Facial

A complex blend of vitamins A, C, and E are used to brighten your complexion, improve radiance to dry, mature or sun damaged skin, and lighten pigmentation marks.

45 minutes > \$60 Series of 6 > \$310

Galvanic Facial

The practice of polarity has been used for over a century. The positive pole relieves sensitive skin while also firming the collagen fibers to tighten wrinkles. The negative pole is used on combination and oily skin to deeply clean your clogged pores. Our Licensed Esthetician will advise if this treatment is right for you.

1 hour > \$75 Series of 6 > \$410

Regulating Acne Treatment

A specialized enzymatic mask is used to absorb excess oil, which clogs pores and causes acne. Our Licensed Esthetician easily and painlessly extracts any debris, leaving your complexion clear, clean, and refreshed.

1 hour > \$75 Series of 6 > \$410

Body And Face Waxing

Full leg > \$37 Half leg > \$27
Bikini – \$20 to Brazilian – \$47
Eye brows > \$12 Lip or chin > \$8
Underarms > \$10 Back and Chest > start at \$25

Make-up Application

Our make-up artist will select your true colors and will professionally apply your make-up to create the look you want for day or evening, work or play. Perfect for after your dental appointment, spa treatment or for a special occasion.

Session > \$35

Make-up Lesson

Learn make-up techniques, customizing the perfect colors for your wardrobe, and tips about application from our professional.

Session > \$50 Seasonal Series of 4 > \$160